NEWSLETTER

Vol. 22 No. 3 July-Sep. 2015

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Published by : Ahmedabad Library Network (ADINET)

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Bibliotherapy - a library Service

FROM

PUBLISHER'S DESK

Dear Friends,

This issue contains a report of the Librarians' Day Seminar on **Library as a Learning Space – Role and Relevance of Libraries in the Future'** by Dr. Rashmi Kumbar. There is need to develop library as 'Learning Space' especially in academic and public libraries. We have to develop public library as a life-long learning center. Academic library is an active partner of whole education system. So, there is need of research on parallel development of library with traditional education, distance education mode and open online courses etc. Now Bibliotherapy is a new research area for library practices as well as for library and information science education. Bibliotherapy indicates the systematic use of books to help users to cope with their problems.

REPORT OF THE SEMINAR ON LIBRARY AS A LEARNING SPACE – ROLE AND RELEVANCE OF LIBRARIES IN THE FUTURE

ADINET organized yet another successful seminar titled 'Library as Learning Space – Role and Relevance of Libraries in the Future' as part of the Librarians' Day celebration. Nirma University was generous to host this scholarly event on 22^{nd} August'15 (Saturday) in the auditorium of Institute of Architecture, Nirma University.

After the formalities of registration, the inauguration session began with the screening of a documentary of the Nirma University institutes and the wonderful work they are doing in the education field. The documentary personified Harold Howe's quote modified as "What a university thinks about its library is a measure of what it feels about education". One could not help remembering the visionary Late Prof N V Vasani, who shaped the University and supported the development of state-of-the-art libraries. Revered Rhoda Bharucha Ma'am welcomed the dignitaries as well as participants and gave a gist of ADINET activities, highlighting the importance of Librarians' Day. Ma'am bought the attention of the audience to the role of libraries as dynamic spaces and how important the library has become for skill sharing and collaborative learning.

The welcome address was followed by floral felicitation of the dignitaries. The lighting of the lamp by the dignitaries and invocation of Goddess Saraswati by the staff of the Nirma libraries marked the formally inauguration of the seminar. The Director General, Nirma University, Dr. Anup Singh gave the special address wherein he observed that libraries are more of a social and cultural space and called upon the librarian community to indulge in reflection which would surely lead to effective action to encourage learning among the users. He urged the librarians to visualize and stressed on preparedness and involve in engaging the users in order to make the library a happening place. The inaugural address delivered by Dr Harish Padh, Vice Chancellor of Sardar Patel University highlighted the role and function of librarians in the digital age and the need to orient students regarding search mechanism. He motivated the librarians to prepare knowledge creators by adopting the mechanism of retraining using INFLIBNET programs, etc. Dr Padh gave an important lead to the audience when he asked them to understand the socio-psychology mindset of users and importantly called on them to make inroads in the debates in the seminar to make policy recommendations for free access to users. Shri Manoi Kumar K Scientist-D (CS)INFLIBNET Centre addressed the audience and talked about the importance of the 5th Law of Library Science - 'Library is a growing organism' and introduced the UGC INFONET Consortium -Associate membership. He also highlighted the new projects of INFLIBNET like SHODGANGA, EPG-Pathashala, E-Acharya, Data repositories for social sciences and extended an invitation to all to use facilities of

INFLIBNET. The Keynote Address by Dr. H. Anilkumar Librarian, IIMA on the topic of 'Emerging trends in libraries' set the mood for further discussions and deliberations in the seminar. His talk began with an overview of education and touched on the relevance of libraries. He addressed the crucial question of the need of libraries in today's technology enabled world and at the same time the libraries needs in the future. The talk focused on the serious situation of un-employability and how education is now everybody's responsibility. He urged the librarian community to be aware of the advantages of MOOCs and the huge impact technology has on education. Dr H. Anil kumar discussed how libraries are a source of learning and education and introduced various concepts of library as a differentiator, as incubators and Maker spaces. As a leading professional in library and information science, his call to reinvent libraries and the need to strategize & change was worth reflecting. The launch of Ignite Newsletter by the dignitaries added a spark to the inaugural session. The inaugural session concluded with Vote of Thanks by Ms. Hiral Patel, the Librarian of the Institute of Technology, Nirma University. Participants as well as experts explored the scholarly resources in the Book Exhibition organized by leading book suppliers and vendors of the city.



Technical Session 1:

After a refreshing High Tea, the participants settled down for the technical sessions. The first session on the theme of 'Library resources', was chaired by Prof Urmila Thaker. Prof Thaker presented the theme paper, 'Library: As a Learning Space'. The paper explored the relationship between academic libraries & education system, changing nature of teachinglearning, research, scholarly communication etc. and its impact on academic libraries development. Another aspect presented was academic library as an active partner of education system and the need of research on parallel development of library with traditional education, distance education, open online courses etc. The presentation covered recent developments namely the changing environment, needs of learners- users & concept of learning space etc. The highlight of the paper was the comprehensive focus on distributed learning spaces in a library. Under this theme, Ms NupurVaishnav presented a paper on the topic 'Implementation of Institutional Repository at Entrepreneurship Development Institute of India' jointly written with Ashok Chaudhary, Shanti Chaudhary and Snehal Dave.

The paper was a case study of the digitization process of Repository Resources using DSpace. The authors discussed about Entrepreneurship Development Institute of India Library & Information Centre(EDILIC) as the focal point for budding entrepreneurs, practitioners, academicians & researchers. They gave a detailed presentation of the collection of EDILIC including EDI's Repository Resources, such as Institute Publications, Faculty Publications, Biennial Conference Proceedings, Journal of Entrepreneurship, Working Papers, Project Profiles, etc. The purpose of digitization is to provide easy access to institutional repository resources. In this session, Ms Shafina Segon of Taylor and Francis gave a very interesting presentation on 'YouTube & Academic Libraries: Building a Digital Collection'. It was followed by the presentation of the next paper titled 'Library with Table Touch Technology (T3): An Advance Vision' by MrJaykumar K. Joshi. This paper discussed about useful and innovative services of Library & information center attracting users, giving an idea about an advance vision of new medium for information and its users in India. The author has discussed in length the T3 (Table Touch Technology), an IT product that allows people to interact with digital content. The author explored its uses as Library table: to support learning as well as use as digital way to procure, store, manage, share, retrieve, and discussion of information on single table. Session 1 came to an end with Prof Thaker summarizing the outcome of the presentations. Participants explored Book Exhibition while enjoying their lunch.

Technical Session 2:

The afternoon session began with the second theme namely 'Library services & facilities' chaired by Mr. Saroj Das. The session began once again with the presentation by Mr Saroj Das of the theme paper 'Net Generation Library Space & Services' co-authored by Shravan Kumar, Shilpa Khandker and Smita Parmar. The authors have discussed libraries transforming their spaces to align with, natural environment & changing needs of their communities. The authors have expressed need for libraries to be sustainable and gave examples of more libraries going green not only in terms of building but also the services they provide. The presentation also highlighted trends in designing new library spaces & services and the competencies of net generation library professionals. The second paper in this session was by Ms Dharmishtha Dangar titled 'Towards a Sustainable Library: A Brief Study'. This paper gave an overview of concept of green library and discussed the needs of the green libraries. The value addition of this paper was the compilation of the standards for green libraries in India and discussed major green libraries in India.

Technical Session 3:

The third session on the theme 'Library Users & User Analysis', was chaired by Dr Shreyasi Parikh. Dr Parikh presented the theme paper 'Library Users and User Analysis' and described importance of library surveywhile stressing on the observation that User Satisfaction as the most important indicator to know the library performance. The important feature of this paper was the need to gather information through such surveys. Under this theme, Mr Lavji Zala presented the paper 'Contribution of Academic Library in Faculty

Research Productivity: A Research Study of KEIC' coauthored by Niraj R. Patel and Shailesh R. Yagnik. The paper discussed MICA library's resources used by faculty members for various purposes such as teaching, presentation, workshop, publications, personal development etc. The study stressed that every library should make sure that resources should be utilized optimally and focused on contribution of Knowledge Exchange and Information Centre (KEIC) towards Faculty Research Productivity. The authors presented the outcome of their study of analysis of the citations used in their faculty publications and how many cited sources are found from KEIC's resources and services. Ms Monita K. Shastri presented a paper on Social skills and Librarianship co-authored by Dr Lalitha Poluru. The paper focused on importance of social skills of library professionals while highlighting importance of interaction with library users & reaching out to fulfill their information needs. The authors have reviewed literature available on importance of acquiring social skills for progressing in the profession & catering to the user's information needs and presented the same in the context of libraries as sacred places. They opined that organizations will reach to heights when library professionals work with dedication with respect to organizational goals & user's information needs. The last paper in this theme was 'Reference Management Software: Migration from End Note to Zotero' by Trushna Gohil and Dr Nishtha Anil Kumar. Ms Trushna Gohil presented the paper and discussed the importance of Reference Management Software as a tool that helps researchers to manage various references used in their research work. The authors have discussed in length how Zotero helps research scholars, Ph.D. students and scientists to add references to their articles and bibliography at the end of thesis with clinical precision. The author shared practical eexperience of use of Zotero reference management software as a tool during Document Delivery Service in PRL Library. The paper documents the procedure of migration from Endnote to Zotero and shared how it helped build articles' collection & how duplication of effort, time & money spent can be avoided. In this session, EBSCO representative gave an informative presentation on eBooks to the librarians.

Technical Session 4:

The final session was on the theme 'Usage of Libraries' and was chaired by Dr. Parul Zaveri. Dr Zaveri presented the theme paper 'Marketing of Library Services'. The paper discussed high financial investment in all types of library and how print or digital resources bought by libraries remain within the premises for many years. The author stressed marketing of the resources &services for all libraries and gave an overview of marketing practices adopted by libraries. The interesting part was how social media can be used by libraries to market their services. In this session, Ms Mayuri D Patel presented the paper titled 'Library Promotion Activities: With Special Reference to Academic Libraries' which is co-authored by Dr Chandrakant K. Patel. The paper discussed changes witnessed due to information explosion & advance of ICT tools to handle huge information resources in past two decades by libraries & information centers. The authors have highlighted the reality that only 30 % of the collection has been used. They expressed need to look into this aspect as there is technology available to solve problems of information organization & management more effectively and efficiently. They suggested that libraries need to respond to the information utilization gap by promoting the library and their services effectively and by having a separate budget for library promotion. They presented various tools that can be used by libraries for effective promotion of their facilities & services. Two library science students from department of Library and Information Science from MS University of Baroda, shared two poster presentations which was a welcome trend for the upcoming seminars.

Concluding Session:

During the concluding session, the result of the quiz conducted by Taylor and Francis Group was announced and the winners were awarded prizes. Later, Madam Rhoda Bharucha brought to the audience's solemn attention the contributions of those professional legends Mr. P. C. Shah and Mr. Satish Deshpande who left us forever. A two minute silence was observed as a mark of respect to the departed souls. It was then followed by a summary presentation by Dr Rashmi T Kumbar of the day's happenings and the suggestions given by the authors on various aspects of the theme as well as for strengthening the image of libraries and increasing the effectiveness and efficiency of the services. Some of the noteworthy suggestions that can be taken up for further discussion and deliberations are Libraries need to,

- research on complexity & multidimensional nature of teaching- learning & its relationship with library to convert library as a distributed learning space;
- lobby with government to enhance job opportunity & pay scale, in order to take advantage of professional knowledge & commitment of library professionals;
- create awareness that EDILIC is promoting & marketing EDI Repository Resources for academic research purposes;
- need to adopt proper backup practices to increase life expectancy of data & minimize the risk of data loss;
- explore Table Touch Technology to support learning and use it as a digital way to procure, retrieve, maintain and share information in libraries;
- work closely with architects, technocrats and planners for designing future libraries and services and to anticipate the full impact of the integration of new information technologies
- act as role models for sustainability by providing suitable and relevant information related to green issues and concerns;
- compile a comprehensive list of web based resources on green, sustainable libraries to provide opportunities through links to participate in discussions, webinars, conference announcements and get reviews of books, articles published on the subject;
- catch the chance of marketing the Library in a new customer oriented sustainable way;
- conduct users' satisfaction survey at regular interval;

- Resources that have been frequently cited in the faculty publications but not found from library should be identified and added to enable the library to contribute optimum to the faculty research productivity;
- teach communication skills as part of social skills;
- make efforts to adopt Open Source Reference Management Software or Citation Managers;
- work out strategies for effective implementation of promotion programs in a library;
- explore social networking and mobile applications to attract readers back to the library;

ADINET can take up a few of these suggestions and work out an action plan for their implementation. The seminar ended on a beautiful note with all the participants thanking the entire Nirma Team for conducting the event flawlessly and giving the library and information science professionals a great opportunity to hear the experts, leading professionals and exchange ideas with other professionals in our field.

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BIBLIOTHERAPY

A LIBRARY SERVICE

American and British Librarians make use of reading materials as a therapy tics medium. The reason is now doctors are prescribing books to treat various problems of their patients. UK public library services have set up scheme under the banner of the "Books on Prescriptions" to enable library users to borrow books.

Today, bibliotherapy is given in different ways such as; To run literature courses, organize specific session, discussion and recommend books to solve the particular problems. Number of researches has been published on bibliotherapy for different problems. On the basis of researches, prescribed reading lists, as well as audio, video, e-books, playlists, etc. are available on various. Websites and Blogs also.

Tools for Bibliotherapy

To provide bibliotherapy service to their users, librarian can utilize various websites and blogs. It also provides evidence of effectiveness of reading lists.

1. Bibliotherapy Resource Guide

Reading Groups and Bibliotherapy $\mathbf{1}^{\text{st}}$ ed (revised July 2015) also available as a pdf It provides lists of selected Websites, Journals and Books available in print or electronic form.

All the websites are evaluated & corrected at the time of publication.

2. The Reading Agency

http://reading agency.org.uk/adult/quickquides/reading-well/

It has two types of programme

(1) Reading Well Books on Prescription-(was launched in 2013)

The Scheme is endorsed by health professionals and supported by public library. It helps people to understand and manage their health and wellbeing with the use of self help reading materials. The scheme is developed in partnership with the Society of Chief Librarians, with funding from Art Council England. In January 2015, they launched Reading Well Books on Prescription for dementia. All books are authentic, recommended by experts.

From the above list General practitioner or any others health professional can recommend the books. Individual can also use without a professional recommendation. All the books are available in almost all English public libraries. The person can borrow free of charge.

(2) Reading Well Mood-boosting Books

It includes novels, non-fiction and poetry selected by reader and reader groups, not prescribed, endorsed or recommended by health professionals.

Macmillan Mood-boosting Books

Now they have created new list with Macmillan Cancer support and invites recommendations from people who affected by cancer. Books may be fiction, nonfiction, poetry, graphic novels or cookery books.

3. Tolstoy Therapy

www.tolstoytherapy.com

It provides reading lists for anxiety, creativity, depression, insommania introversion, know your self, mental health, mental strength, OCD, perfectionism, positivity, ptsd, relaxation, self cave, self improvement, shyness, social anxiety trauma etc. It also provides users comments as well as book shops link, free bibliotherapy Guide, original bibliotherapy recommendation lists, which any one can download.

4. www.LitTheraphy.com

To deal with various problems, it provides fiction prescriptions and feel better with books includes non-fiction and poem also.

5. The Novel cure.com

"The Novel Cure: An A-Z of Literature Remedies" written by Ella Berthoud and Susan Elderkin. It is in style of a medical dictionary and matches ailments (failure, feeling etc.) with suggested reading cures. First released in UK in 2013. Now it is published in eighteen countries.

6. www.ncbi.nlm.gov

Provides Bibliography on Bibliotherapy. It is useful to develop Bibliotherapy service in Hospital libraries.

7. www.ala.org/tools/bibliotherapy

Provides Web-based Resources and print Resources. There are number of sites provide bibliotherapy service.

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